

Each day at or after a meal time, gather around this map activity. More information and map locations can be found at [www.pcusa.org/oghsmap](http://www.pcusa.org/oghsmap). Consider the reflection and questions, give a coin or a bill (a "gift") in a fish tank or a jar, and end by saying the prayer at the bottom of this activity sheet.  
Go to [pcusa.org/oghsmap](http://pcusa.org/oghsmap) for more!

**Week 1: Putting it into Perspective**

Each day, find a location on the online OGHS map related to the questions. Consider the possible problems in that location. What could the Church be doing there? Give one gift as you pray each day.

**Wednesday:** Find where you live on the map. Where is the nearest OGHS impact site? Read the name and description. What problems are being solved there?

**Thursday:** Find Africa on the map. Pick one location that you've never heard of before. What problems are being solved there?

**Friday:** Find Southeast Asia (around India, Sri Lanka and Nepal) on the map. Pick one location. Reflect on what is happening there.

**Saturday:** Go to the United Kingdom on the map. What are Young Adult Volunteers and what are they doing?

**Week 2: PDA — U.S. and Caribbean**  
Presbyterian Disaster Assistance helps anyone in need during a disaster. Together, we responded in Christ's name to hurricanes in the U.S. and Caribbean with food, water and supplies for affected communities and continue to work with our partners on long-term recovery needs.

**Sunday:** After a storm, food is something we can be thankful for. Give one gift for every meal you ate today.

**Monday:** Pets are impacted by disasters as well. Give a gift for every pet in your home.

**Tuesday:** Electricity is usually the first utility that is lost. Give one gift for every electrical outlet in the room you are currently in.

**Wednesday:** Look at the U.S. states where PDA is working on the online OGHS map. Give one gift for every state you've heard of. Give two gifts for every state you've been in.

**Thursday:** When storms hit Puerto Rico in 2017, even cellphones stopped working in some areas. Give one gift for every cell phone in your house.

**Friday:** When roads are closed and electricity is off, going to see a doctor can be hard. Give one gift if you've been able to see a doctor in the past year.

**Saturday:** When disaster hits our neighbors in North America, PDA is prepared to help. Say a special prayer today about helping people. Help someone who needs a hand.

**Week 3: PHP — International**  
Using gifts from OGHS, the Presbyterian Hunger Program is able to help people with better tools and techniques for growing food, allowing them to grow more food so that all may be fed to address malnutrition in their communities.

**Sunday:** Pick 3 very different PHP International Grant locations and imagine what food they eat in each area and what problems might arise there. Give one gift and pray for each.

**Monday:** In Uganda, Batwa women learn to farm so they can grow food for their families. Give a gift for every plant in your house.

**Tuesday:** Most people around the world don't have access to the many varieties of fruit and vegetables we have. Give one gift for each type of fruit in your house.

**Wednesday:** In Papaye, Haiti, farmers are learning how to grow moringa trees. The moringa leaves are a superfood, helping hungry people! Give a gift for every tree at home.

**Thursday:** Rainwater is rare in some places, so collection systems are built. The water is used for growing plants. Give one gift for every day it rained (or snowed) in the past week.

**Friday:** Changing climates mean old farming techniques don't always work anymore, so farmers need to be taught new techniques. Give a gift for farmers who grow your food.

**Saturday:** Many people struggle to get clean drinking water each day. Give a gift for every glass of water you have today.

**Week 4: SDOP — U.S.**  
Self-Development of People helps families and communities become independent and self-sustaining through programs that encourage entrepreneurship, health, training and more.

**Sunday:** The Youth in Business Project helps Baltimore teens sell shirts they make so they can stay off the streets and away from gangs. Give 1 gift if you wore a shirt today.

**Monday:** Growing and selling vegetables from home gardens is one way people work to feed their families and make money. Give one gift for every type of vegetable in your home.

**Tuesday:** Some people can't work or care for themselves because they don't have access to transportation. Give one gift for every wheel in your garage that helps you get places.

**Wednesday:** Poverty can feel like taking 3 steps forward in progress, but falling 2 steps back with surprise expenses or problems. Give a gift for every set of steps in your home.

**Thursday:** In Oregon, a bicycle program trains youth to repair and maintain bikes, teaching skills, providing income and more! Give a gift for every bicycle or vehicle your family has.

**Friday:** Sometimes people need help advocating for their rights — like lawyers fighting for those hurt by uranium mining in NM. Pray for those who advocate for the poor.

**Saturday:** Tutors can help people prepare for school and get jobs. Give a gift for your favorite teacher and say a prayer of thanks for them.

**Week 5: PDA — International**  
Because of gifts to One Great Hour of Sharing, Presbyterian Disaster Assistance is able to respond immediately all over the world.

**Sunday:** Earthquakes can cause incredible damage. Find an earthquake response on the interactive map and give a gift for every point the earthquake was on the Richter scale.

**Monday:** In some emergencies, people have to leave everything when they escape. PDA gives these people kitchen essentials like pots. Give a gift for each pot in your kitchen.

**Tuesday:** The 2017 hurricanes were so severe that schools in parts of the Caribbean remained closed for months. Give a gift for every year you have spent in school.

**Wednesday:** The most vulnerable are often the most impacted in disasters. Say a prayer for children impacted by disasters, and give a gift for every flashlight in your home.

**Thursday:** Blankets are used internationally to comfort those impacted by disasters. Give a gift for each blanket in your home.

**Friday:** Communication can be incredibly difficult after a disaster, especially if the internet isn't working! Give a gift for every computer in your home.

**Saturday:** Clean water is priceless — especially in a disaster! Give enough gifts to buy one bottle of water.

**Week 6: PHP — U.S.**  
Gifts to One Great Hour of Sharing allow the Presbyterian Hunger Program to help people with better tools and techniques for growing food, allowing them to grow more food so that all may be fed and to address malnutrition in their communities and care for creation.

**Sunday:** Without the right nutrition in the first two years of life, a child's physical and mental development is compromised. Give a gift for each toddler you know.

**Monday:** Teaching about healthy food and safe food handling can change the health of an entire community! Give a gift if you've eaten a healthy meal today.

**Tuesday:** It is estimated that 1 in 5 children in the U.S. will experience hunger this year. Give a big gift if you haven't experienced hunger this year.

**Wednesday:** In some places in the U.S., it is hard to get to grocery stores. "These food deserts" impact the health of many. Give a gift for every place your family bought food this week.

**Thursday:** Hunger-related causes kill tens of thousands of people every day around the world. Give a gift for each meal you've eaten today.

**Friday:** Being able to read can impact how healthy you are! Think of the ways you read when choosing healthy food and meals. Give a gift for every letter in your name.

**Saturday:** Farmer's markets sell fresh food from local farmers and some help low-income families afford the tasty treats there! Give a gift if you've been to a farmer's market.

**Week 7: SDOP — International**  
Self-Development of People supports organizations that help low-income individuals get what they need to be self-sustaining. In a number of cases, they've helped establish cooperatives that give entrepreneurial loans to new business owners so who can then provide income to support families and build up their communities.

**Sunday:** If you could start a business of your own, what would it be? Give a gift for every good business idea you hear from those you are with.

**Monday:** Women and children are disproportionately impacted by poverty and hunger. Give a gift for every female in your class or workplace.

**Tuesday:** Social barriers are like locked doors that keep people from changing their situation or taking a chance so they can thrive. Give a gift for each door at home with a lock.

**Wednesday:** In some places, people walk for hours to find support from and worship with their family of faith. Give a gift for every time you went to church this month.

**Daily Closing Prayer:**

God, you give us many blessings and allow us to be a blessing to others. Thank you for the people in (name of map location for that day). Thank you for the food on our table, and thank you for allowing us to be part of making sure the hungry are fed, those suffering from disaster are helped, and people experiencing poverty are given the tools that they need to succeed through One Great Hour of Sharing. Amen.